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### Doctor Chopra Says - A Book By Dr. Sanjiv Chopra

It is easy to forget that you have only one body: your body is your vessel – indeed your temple – for this life and will serve you as well as you choose to honor it. This was my impetus behind authoring Dr. Chopra Says: Medical Facts and Myths Everyone Should Know and Live Better and Live Longer. I felt it was befitting to share the knowledge that I have gained through my many years of practicing medicine to help others on their journey to health.

### Dr. Sanjiv Chopra's Experience

Chopra's book, Dr. Chopra Says: Medical Facts and Myths Everyone Should Know, co-authored with Alan Lotvin, was published in January 2011. Chopra, while serving as the Faculty Dean for Continuing Education, led the most robust academic Continuing Medical Education enterprise in the world, reaching out to 80,000 clinicians in more than 160 countries each year.

### Sanjiv Chopra - Wikipedia

Doctor Chopra Says. Medical Facts & Myths Everyone Should Know. By: ... As Faculty Dean of Continuing Medical Education at Harvard Medical School, Dr. Sanjiv Chopra provides the most up-to-date medical information to thousands of doctors from around the world each year. Now, in this book, he and Dr. Alan Lotvin bring this important, life ...

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